



# THE SAVING WORD

FIFTH SUNDAY IN ORDINARY TIME / A

8 FEBRUARY 2026

## FIRST READING

Isa 58:7-10

A reading from the prophet Isaiah

*Your light will shine like the dawn.*

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor;

clothe the man you see to be naked  
and turn not from your own kin.

Then your light will shine like the dawn  
and your wound be quickly healed over.

Your integrity will go before you  
and the glory of the Lord behind you.

Cry, and the Lord will answer;  
call, and he will say, 'I am here.'

If you do away with the yoke,  
the clenched fist, the wicked word,  
if you give your bread to the hungry,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

■ The word of the Lord.

## RESPONSORIAL PSALM

Ps 111:4-9. R. v. 4

**R. A light rises in the darkness for the upright.** (or Alleluia!)

1. He is light in the darkness for the upright: /  
he is generous, merciful and just. / The good  
man takes pity and lends, / he conducts his  
affairs with honour. **R.**

2. The just man will never waver: / he will  
be remembered for ever. / He has no fear of  
evil news; / with a firm heart he trusts in the  
Lord. **R.**

3. With a steadfast heart he will not fear; /  
open-handed, he gives to the poor; / his justice  
stands firm for ever. / His head will be raised  
in glory. **R.**



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## SECOND READING

1 Cor 2:1-5

A reading from the first letter of St Paul to  
the Corinthians

*I came to you to proclaim Christ crucified.*

When I came to you, brothers, it was not  
with any show of oratory or philosophy, but  
simply to tell you what God had guaranteed.  
During my stay with you, the only knowledge  
I claimed to have was about Jesus, and only  
about him as the crucified Christ. Far from  
relying on any power of my own, I came  
among you in great 'fear and trembling' and  
in my speeches and the sermons that I gave,  
there were none of the arguments that belong  
to philosophy; only a demonstration of the  
power of the Spirit. And I did this so that your  
faith should not depend on human philosophy  
but on the power of God.

■ The word of the Lord.

## GOSPEL ACCLAMATION

Jn 8:12

Alleluia, alleluia!

I am the light of the world, says the Lord;  
the man who follows me  
will have the light of life.

Alleluia!

## GOSPEL

Mt 5:13-16

A reading from the holy Gospel according to Matthew.

*You are the light of the world.*

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

✠ The Gospel of the Lord.



## A SERVICE OF THE SOCIETY OF ST PAUL



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# Breaking Open the Word

## SALT AND LIGHT

Today's Gospel continues with Matthew's teaching in the 'Sermon on the Mount'. After identifying the disciples' blessedness in all kinds of situations with which the Gospel audience would be familiar, Matthew now highlights two images with which they can identify: salt and light. 'You are the salt of the earth' (5:13) and 'You are the light of the world' (5:14).

In Matthew's world salt was an important commodity and valuable trading product. It was used in cooking and for preserving foods (meat and fish) before refrigeration. Salt was shipped across the Mediterranean Sea and then carted into all of Rome's provinces along specially built salt roads. Salt's need was universal and, in times of scarcity, so precious that it became a means of bartering and currency substitute, hence the modern term 'salary'. But there is one quality of salt scarcely known. In a world of outdoor ovens with little or no wood to fire them, salt was mixed with dung to produce the chemical reaction that created the necessary heat required for baking bread.

In Jesus' reminder to the disciples that they are the 'salt of the earth', he is speaking more than about them being agents of preservation. Their presence in the Greco-Roman world meant at times that they will find themselves in disagreeable situations. These times requires fidelity or 'saltiness'. Their capacity to engage their world will also make them the 'light of the world'. The richness of these two metaphors, salt and light, finds their realisation with us, Jesus' contemporary disciples.

**Fr Michael Trainor**



We warmly welcome you too the

## Parish of Kalgoorlie-Boulder

(Boulder, Coolgardie, Kalgoorlie, Kambalda, Norseman)

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15 Porter St Kalgoorlie, WA .6430

Fr. Thai Vu 0423 511 227 - [thai.vu@perthcatholic.org.au](mailto:thai.vu@perthcatholic.org.au)

## SUNDAY Mass Times

Kalgoorlie (St Mary)

6:30pm (Sat), 10am (Sun)

Boulder (All Hallows)

8am (Sun), 5:30pm (Sun)

Coolgardie (St Mary)

4pm (Sat)

Kambalda (St John Vianney)

9am (Sun)

Norseman (St Joseph)

12:30pm (Sun)

## Notices

### PARISH FINANCE

**First Collection** - Fr. Thai Vu BSB: 086 136

Ac/N: 743 713 570, please reference your name.

**Second Collection:** Kalgoorlie Boulder Parish

BSB: 036 125 - Ac/N: 790 100, reference your name.

### WELCOME TO THE PARISH OF KALGOORLIE-BOULDER

If you are returning to Church, or if you have just relocated to our Parish, we warmly welcome you and encourage you to introduce yourself after mass or call into the Presbytery during business hours (Mon-Fri 9.00am – 1.00pm).

### PRAYERS FOR THE SICK/HOUSEBOUND/HOSPITALISED

Chad Miller, Nina Andinach, Noel Hicks, Lynette Hogan, Steve and Wendy D'Monte, David and Pam Lavender, Janet Bartle, Gerhardt Novak, Lyn Stewart, Gianne, Lolita, Teresa Quilanita Tores, Steve Lutua and Mad Ted (please let us know of anyone who may be sick and in need of prayers).

### BIRTHDAYS

Noeleen Lecompte 10/2.

### DEATH ANNIVERSARIES

Rosemary Viscenoni, 6/2 and Robert ('Robbie') Coumbes 8/2

### BAPTISM THIS WEEKEND

Liam Jinezan 7/2/206 at St Mary's Church and  
Ellie Grace Beddow 8/2/2026 at St Mary's Church.

### GOLDFIELDS CATHOLIC YOUTH MINISTRY.

Our first Youth Ministry event was held last Friday night. We thank Fr. Quoc for his leadership and the Youth Ministry team who facilitated this successful night for our youth. Details of the next Youth event will be posted in next weekend's Bulletin.

### TRUST HIM, HE'S GOT YOU

May you rise up today with the full assurance that God has your back. He is with you, for you, and actively working on your behalf. He does for you what you cannot do for yourself. May you do for Him the one thing you can do: Trust Him with your whole heart and embrace joy along the way.

## THE WEEK AHEAD

### JANUARY / FEBRUARY

Mon 9 Week 5 9.30am SX

Tue 10 St Scholastica - 5.30pm

Wed 11 Week 5- 7.00am

Thu 12 Week 5 - 7.00am

Fri 13 Week 5 - 7.00am

Sat 14 St Cyril - 9.30am recon at 11.00am

Sun 15 **SIXTH SUNDAY IN ORDINARY TIME**

### SAVE THE DATES

Sat 21 10.00am Menzies Community Mass

### 10<sup>th</sup> ANNIVERSARY OF SINULOG SANTO NIÑO IN THE GOLDFIELDS



Above is a photo taken at the Fiesta hed after the final mas of the 10<sup>th</sup> Anniversary of Sinulog Santo Niño in the Goldfields. We thank everyone involved for their efforts.

### CHILDREN'S ADORATION AND SACRAMENTAL CLASSES

Adoration will resume next **Saturday, 14<sup>th</sup> February**.

It is run by the Missionaries of Charity Sisters, the morning begins with Rosary, Adoration and Benediction of the Blessed Sacrament at 10.00am in St Mary's Church, Kalgoorlie, followed by a Catechism lesson in the Parish Hall finishing at 11.30am.

The MC Sisters' Sacramental Classes for Reconciliation and First Holy Communion will resume on **Wednesday 18<sup>th</sup> February 2026** at 3.45pm -4.45pm in St Mary's Parish Hall, for those children not attending Catholic schools, Classes are at no charge.

A copy of your child's baptism certificate will be required when registering your child for the classes.



## SEASON OF LENT

This year, our Lenten journey begins on Wednesday, 18 February, the day we celebrate as *Ash Wednesday*. As we receive ashes on our foreheads, we are reminded of our call to "repent and believe in the Gospel." Lent is a season of grace, inviting us to step away from the noise of the world, refocus our hearts on the sacrifice of Jesus Christ, and prepare our hearts for the joy of the Resurrection through prayer, fasting, and almsgiving.

Masses on Ash Wednesday are as follows:

**7am** St Mary's, Kalgoorlie  
**(9am** John Paul College  
**9:30am\*** St Mary's, Kalgoorlie  
**9:30am\*** All Hallows, Boulder  
**7pm** St Mary's, Kalgoorlie  
**7pm** St John Vianney, Kambalda

*\* Please note that students and staff of St Mary's Primary School and St Joseph's Primary School will join the celebration of these Masses.*

To help us enter more fully into this penitential season, the Church provides the following guidelines:

**Ash Wednesday (18 Feb 2026) & Good Friday (3 April 2026) are days of Fasting and Abstinence.**

**Fasting:** Those from age 18 until the beginning of their 60th year are required to fast. This means eating only one full meal. Two smaller meals may be taken to maintain strength, but together they should not equal another full meal.

**Abstinence:** Everyone aged 14 and older is required to abstain from eating meat.

**Fridays of Lent:** All Fridays of the year (including those in Lent) are days of penance. While the traditional practice is to abstain from meat, the Australian Bishops allow us to substitute this with another form of penance, such as:

**Prayer:** Attending Mass, reading Scripture, or the Rosary.

**Self-Denial:** Giving up a particular food, drink, or luxury.

**Charity:** Helping the poor, sick, or elderly.

**Please note that the law of fasting and abstinence does not bind those for whom it would be detrimental to their health (e.g., the sick, pregnant or nursing mothers, or those with physically demanding jobs).**

Lent is also a time for Almsgiving. In Australia, we express this through Caritas Australia's **Project Compassion**. By contributing to the Project Compassion boxes or envelopes, we support those living in poverty and help build a more just world.

The Parish clergy and religious wish each of you a very blessed Lent when it arrives.

## CFE COURSE ON SYNOPTIC GOSPELS:

Fr Errol will be presenting the course on the Synoptic Gospels for the Centre for Faith Enrichment. It will now also be held FACE-TO-FACE over the next three Monday evenings, 6pm-7pm in addition to the online sessions on Tuesday evenings starting at 7:30-8:30pm. For more information or to register, please visit [www.cfe.org.au](http://www.cfe.org.au). The course also serves as a pathway to attain a formal Undergraduate Certificate in Theology (UGCertTheo) or a Diploma of Theology (DTheol), which will be awarded by UNDA.

## DIOCESAN PASTORAL COUNCIL

A Diocesan Pastoral Council information session is being held on **Saturday 21<sup>st</sup> February 2026 at 9.45am – 11.45am** in St Mary's Parish Hall. Our Parish's Pastoral Council will be involved in this important session on the Diocesan Pastoral Council process and all interested parishioners are invited to attend. The Most Reverend Donald Sproxton, Auxiliary Bishop in the Catholic Archdiocese of Perth will also be in attendance. For catering purposes please RSVP your attendance by phoning our office during business hours.

## PREPARING FOR THE SACRAMENT OF MARRIAGE?

Couples planning to get married are required to complete marriage preparation. Please contact the parish office to initiate the process and schedule a meeting with one of our Priests. Let us support you as you prepare for this beautiful sacrament.

## MORNING TEAS

Morning teas have resumed in our Parish Centres after Sunday Mass at All Hallows' Church in Boulder and St Mary's Church, Kalgoorlie. Everyone is welcome to stay for a cuppa, a chat and a bite to eat. Come as your are! We thank our wonderful parishioners who volunteer in this important ministry.

## BAPTISM

If you have a child or an infant that you would like to be baptized, please either download a form from our webpage – goldfields catholic community or call into our office to pick up an application form.

## PARISH SAFEGUARDING OFFICERS

The Catholic Archdiocese of Perth is committed to the safety and security of all children, the elderly, and any other vulnerable people in our Parish. If you have any safety concerns, you can discuss it with the Parish Safeguarding Officer(s)

**Carmel O'Neil:** 0437 902 812 and

**Carmel Salmon:** 0428 240 086